

Community Education Service



Improving emotional health and wellbeing

Talking to Youth with Complex Needs About Sexuality

Presented by: Primary Care Alberta, Sexual & Reproductive Health, Calgary Zone

Session information:

Everyone, no matter their ability, deserves sexual health information, but people with disabilities are often left out of these conversations. In this session, you will learn how to talk about sexual health and sexuality with youth who have complex needs.

February 17, 2026
6:30 PM – 8:00 PM

[Click here to register](#)

FREE

online event



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and **Sexual & Reproductive Health, Primary Care Alberta**.