

COMMUNITY EDUCATION SERVICE

Improving emotional health and wellbeing

Vaping: What's Really Going On?

Presented by: Community Health Promotion Services (CHPS), Recovery Alberta

Tuesday Oct 13 2026

6:30 - 8:00 PM

Participants will learn about:

- Youth vaping is increasing – let's understand what they're using and why
- Learn about vaping devices, nicotine, cannabis, and the health risks
- Discover how to have open, honest conversations with your teen about vaping

**Click here to
register**



Mental Health Collaborative | Recovery Alberta

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