Recovery Alberta

# COMMUNITY EDUCATION SERVICE

*Improving emotional health and wellbeing*

## Obsessive-Compulsive Disorder (OCD) in Children and Adolescents

*Dr. Paul Arnold MD, FRCPC, Child and Adolescent Psychiatrist, Recovery Alberta; Cuthbertson and Fischer Chair in Pediatric Mental Health; Precision Mental Health Lead, One Child Every Child Initiative*

Tuesday Dec 8 2026
12:00 - 1:30 PM

**OCD occurs in 1 to 2% of the population and symptoms most often emerge in childhood or adolescence. OCD can cause considerable dysfunction at home and at school, yet is frequently under-diagnosed and under-treated. At Richmond Road Diagnostic and Treatment Centre we have developed a multi-disciplinary program which provides evidence-based and family-centred care.**

**In this presentation you will learn about:**

1) **How to recognize symptoms of OCD and distinguish it from other common childhood disorders.**
2) **Evidence-based treatments including cognitive-behavioural therapy and medication, and**
3) **New research into better understanding causes and treatments of OCD.**

**Click here to register**

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